

DIGESTIVE DISEASE PHYSICIANS, PC

**Alan F. Ansher, MD / Robert J. Hally, MD / Craig M. Ellison, MD / Sean P. Hurley, MD
Deborah Brauer, MD / Jennifer Wu, MD / Timothy R. Dougherty Jr., MD / Sindu Stephen, MD**

At the Alexandria Professional Center
4660 Kenmore Avenue / Ste. #100 / Alexandria, VA 22304
Telephone: (703) 751-5763 | Fax: (703) 370-8704
www.DigestiveDiseasePhysicians.com

UPPER ENDOSCOPY PREPARATION

- **Discontinue CARAFATE and LIQUID ANTACIDS twenty-four (24) hours prior to procedure. You may continue to take all other medications including your regular morning medication(s) the day of your procedure.**
- **DO NOT EAT ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE.**
- **Do not eat breakfast the morning of your procedure.**

You may have water up until 4 hours prior to your procedure.

If your procedure is scheduled at 12 noon or later you may have any of the liquids listed below until 8:00 am the morning of your procedure:

- **Water**
- **Apple Juice**
- **White Grape Juice**
- **Ginger Ale**
- **Coffee or Tea (Without CREAM, MILK, OR NON-DAIRY CREAMER)**
- **NO DAIRY PRODUCTS**

*****YOU MUST HAVE SOMEONE TO DRIVE YOU HOME FOLLOWING YOUR PROCEDURE*****

THE APPROXIMATE LENGTH OF STAY IS 2 1/2 HOURS

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT THE OFFICE AT (703) 751-5763.