UPPER ENDOSCOPY PREPARATION

- Discontinue CARAFATE and LIQUID ANTACIDS twenty-four (24) hours prior to procedure. You may continue to take all other medications including your regular morning medication(s) the day of your procedure.

- **DO NOT EAT ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE.**

- Do not eat breakfast the morning of your procedure.
  
  You may have water up until 4 hours prior to your procedure.

  If your procedure is scheduled at 12 noon or later you may have any of the liquids listed below until 8:00 am the morning of your procedure:
  
  - Water
  - Apple Juice
  - White Grape Juice
  - Ginger Ale
  - Coffee or Tea (Without CREAM, MILK, OR NON-DAIRY CREAMER)
  - NO DAIRY PRODUCTS

***YOU MUST HAVE SOMEONE TO DRIVE YOU HOME FOLLOWING YOUR PROCEDURE***

THE APPROXIMATE LENGTH OF STAY IS 2 1/2 HOURS

IF YOU HAVE ANY QUESTIONS PLEASE CONTACT THE OFFICE AT (703) 751-5763.